

Volunteering at BASScare

Perhaps you have some spare time on a regular basis? We have a vibrant group of dedicated volunteers, but we are always looking for more friendly faces to help deliver meals or fill other volunteer roles.



Boroondara Aged Services Society

We are a not-for-profit, community based provider offering a broad range of aged care services in Boroondara. These include residential care facilities, respite care, dementia specific services and an extensive community care and social support program.

From in-home through to palliative care, we empower those over 55 to feel good and live well through every stage of ageing.



Boroondara Aged Services Society

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 Canterbury, Victoria 3126
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 Email: administration@basscare.org.au
www.basscare.org.au
 BASScareAgedCare

Meals on Wheels

We provide regular caring contact for your loved ones



Delivering nutritious meals to our local aged community

It's true. Problems like isolation and loneliness amongst older people and those with disabilities are a growing concern.

At BASScare, we're doing something about it. Each weekday between 11:30am and 1pm our team of dedicated volunteers deliver hot, ready-to-eat, nourishing meals to our clients.

They do so with the utmost respect and consideration. Each client and their families can take comfort knowing that BASScare volunteers have come calling to check on their well-being.

Our delicious three course meals are very reasonably priced and are subsidised by Boroondara Council and the Department of Human Services. We can also provide frozen, ready-to-enjoy meals for weekends and public holidays.

The BASScare Meals-on-Wheels service area includes: Canterbury, Surrey Hills, Camberwell, Balwyn and Balwyn North



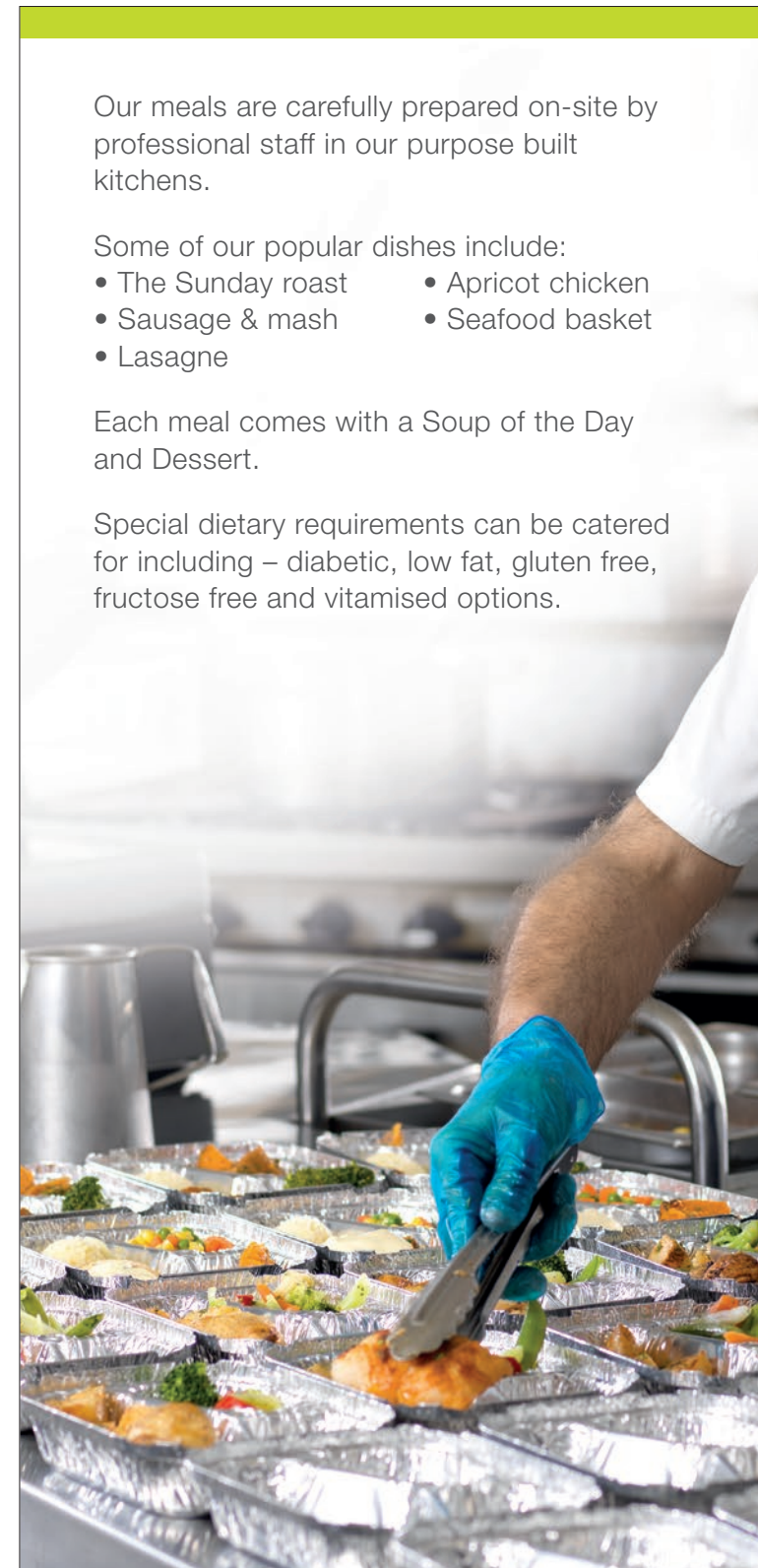
Our meals are carefully prepared on-site by professional staff in our purpose built kitchens.

Some of our popular dishes include:

- The Sunday roast
- Sausage & mash
- Lasagne
- Apricot chicken
- Seafood basket

Each meal comes with a Soup of the Day and Dessert.

Special dietary requirements can be catered for including – diabetic, low fat, gluten free, fructose free and vitamised options.



How to arrange Meals-on-Wheels for yourself or a loved one.

Phone the number below for more information and to find out how you can receive Meals-on-Wheels. You may be eligible for government funding and you may have to have an assessment. Our friendly staff can assist you with the process to make this as easy as possible.

Pictured are typical BASScare Community Dining Room main courses. The same meals are also delivered by our Meals-on-Wheels service.



Dine in at our Community Dining Rooms

A nourishing wholesome lunch is served 6 days a week (excluding public holidays) at the Canterbury Centre, and twice a week at the Marwal Centre.

We offer door-to-door transport through our Social Support services, so it's easy to enjoy getting out and to meet new people. (Booking for transport is essential, simply phone the number opposite).

To arrange Meals-on-Wheels or to make a lunch booking at our Community Dining Room contact the **Meal Service Manager** on

03 9880 4703